

Nia & Yoga^{on} Zoom

with **RACHAEL R. RESCH, PT**

Class on Zoom or via Replay

STEP-BY-STEP GUIDE

ONE TIME

Create Your PunchPass Account:

(If you've already created an account, just click **"Sign In"** in upper right corner to log in.)

1. **Go to:** <https://rachael-resch.punchpass.com>
2. **Click green "Create Account"** button in upper right corner.
3. **Create password:** You'll get an email to create your account password.
4. **Sign Health Waiver:** After you log in, scroll to bottom of page and click the blue **"Open Waiver Form"** button.

EVERY TIME

1. **Log in:** <https://rachael-resch.punchpass.com>
Always log in with your password to sign up for a specific class.
2. **Pay:**
 - **Step 1:** If you don't already have a pass, select the type you want. Click **"Purchase A Pass"** in upper left corner.
 - **Step 2:** You'll be taken to a payment screen to enter your method of payment. You'll get a payment confirmation email.
 - **Please note:** Paying for a pass is not the same as registering for a class. Once you have a pass, please register for the class(es) you want to take (see Step 3, below.)
3. **Register for Class:**
 - Click **"Schedule-List"** or **"Calendar"** at top of page to see the class schedule.
 - Click on **Class Name in blue**. (Don't click on any of the button-y looking things.)
 - Your pass will be charged after you take class.
 - You'll get a registration confirmation email with class-specific Zoom link and password. You'll get the same email again - 20 minutes before class starts.
 - **Can't find your Zoom link and password?:** You can always access the Zoom link for class by going to the PunchPass calendar and clicking on the class you signed up for.

CONTENT LIBRARY

Accessing Handouts and Class Replays

1. Log into your PunchPass account.
2. Click "Content Library" in the menu bar across the top.

Zoom security features:

- Always click the Zoom link in your PunchPass email (instead of copying and pasting).
- You might need the Zoom password, which is in your confirmation email.
- Please use your full name in Zoom Profile Settings to be admitted from "Waiting Room" to class.

Call (541) 301-3493 or email nia-ashland@jeffnet.org if you have questions. Thanks!